

BLU SPA

*Experience and Enjoy
all Shades
of Blue*

BLUSPA

Philosophy

Treat yourself to a luxuriously indulgent day of pampering, inspired by the majestic Mediterranean. Our beautiful treatments are powered by Ariadne Athens whose products capture the most loved aspects and traditions of Greece.

Come and allow your senses to be taken into a world of opulence, where our treatments take pride in being unbelievably deluxe, sensual, and tranquil. Leave the well-being of your mind and soul in the trusting hands of our masters of wellness.



Facial treatments

ALOE VERA AFTER SUN WITH ROYAL JELLY

✔ 60'

After a glorious day under the sun, enjoy this soothing treatment that also combats the signs of stress and fatigue with the power of Aloe Vera and Royal Jelly.

HYDRATION WITH WILD ROSE

✔ 60'

An intensive re-hydration facial therapy for dry and dehydrated skin that will nourish your face using the essence of flowers and plants.

BEAUTY IN FUSION

✔ 60'

An "infusion of beauty" made to measure all ages and needs. Choose amongst your elixir of 30 for vitality and luminosity, 40 for firmness and hydration or 50 for density and nutrition.

BALANCING TREATMENT

✔ 40' / 60'

An excellent treatment to balance the skin's pH and reduce oil secretion. It can also be performed on teenage skin.

VITAMIN C FACIAL TREATMENT

✔ 60'

This advanced treatment works to inhibit the action of glycation, one of the main causes of skin aging and is based on pure Vitamin C combined with Ume Extract (tonic).



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Body treatments

BODY WRAPS

MEDITERRANEAN AFTER SUN

♥ 30'

A refreshing and energizing wrap containing Aloe Vera which is deeply regenerating and ideal as an after sun treatment.

SILK TOUCH

♥ 30'

Envelop your skin with precious 'silk' and enjoy a luxurious massage that will hydrate and provide your skin with a satin appearance and a silky touch.

LUXURIOUS GOLD

♥ 30'

Combined with an exquisite massage, this total body envelopment revitalizes the skin and leaves a subtle and gorgeous golden veil shimmer on the body

BODY SCRUBS

PEACH SOFTNESS

♥ 40'

A moisturizing and anti-oxidant exfoliant to leave the skin soft, clean and velvety following a relaxing aromatherapy protocol.

MEDITERRANEAN OLIVE

♥ 40'

Inspired by the Mediterranean land. A therapy that is a true enjoyment due to the aromas and textures of olive.

MARINE EXFOLIATION

♥ 40'

A refreshing body scrub with pearl and olive leaf extract that nourish, soften the skin. Increases the effectiveness of following products.

Massages

FOOT MASSAGE (MINT ESSENTIAL OIL)

♥ 30'

Through a specific method of pressure at the appropriate points of the feet, the therapist restores the balance between body and spirit.

BACK, NECK AND SHOULDERS (LAVENDER ESSENTIAL OIL)

♥ 30'

It reduces the stress and the strain on the back, neck and shoulders. The almond oil helps in the total muscle relaxation.

HEAVENLY HEAD MASSAGE (ORGANIC OIL, SHAMPOO)

♥ 30'

A delightful scalp massage with a combination of 5 different oils which releases tension relief from migraines and also helps in hair strengthening.

AROMATHERAPY (MIX OF ESSENTIAL OILS)

♥ 60'

Essential Oils, especially selected, combined with a rhythmic, relaxing massage technique that relieves tension, restores the senses and offers absolute tranquility.

DEEP TISSUE (JASMINE ESSENTIAL OIL)

♥ 60'

Deep massage with specific pressure techniques, massage and mobilization that relieve muscle tension and stress.

SPA FOR CHILDREN (CHOCOLATE CREAM MASSAGE)

♥ 20'

The happiness reaches its maximum with a relaxing chocolate massage.

PRENATAL (ALMOND OIL WITHOUT ESSENTIALS)

♥ 50'

A specialized massage for pregnancy, for your comfort and well-being. This inspirational therapy connects mother and child with the strength of contact.

Signature treatments

MELTING SENSATION - CANDLE MASSAGE

♥ 60'

Lay back and unwind while the delicately scented warm drops touch your skin, and envelop your whole body in a velvet textured massage that will satisfy even the most sophisticated massage recipient. Succumb, as the warm oil deeply penetrates the skin's surface, releasing its unique beneficial properties, and its sensuous fragrance seduces the mind. An outstanding, sacramental experience of aromatherapy, relaxation & rejuvenation that promotes bliss, balance and well-being

FIRMING SLIMMING & DETOXIFY TREATMENT

♥ 80'

A treatment that uses a complete range of professional cosmetics with active ingredients which activate the lipolysis process and restructures the supporting issues. The experts use the activity of hot and cold products to reduce excess weight. The mask of the treatment is deeply hydration, firming and detoxify.

Treatment can be used in full body or in specific areas on your choice.

BLUSPA

Radisson BLU
BEACH RESORT
MILATOS, CRETE

POWERED BY

